

# Lifecycle 9500hr Manual Guide

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## Lifecycle 9500hr Manual Guide

HOW TO REMOVE THE HOUSING ON THE LIFECYCLE 9500HR AEROBIC TRAINER Step 1 Remove the left-side PEDAL (the user's left side; small hole-side of the housing) by turning the PEDAL NUT clockwise with a 5/8" open-end wrench, then remove the right-side PEDAL by turning the PEDAL NUT counter-clockwise.

## LIFE FITNESS LIFECYCLE 9500HR OPERATION MANUAL Pdf ...

Lifecycle 9500HR / 9100 Series Recumbent Exercise Bikes TROUBLESHOOTING GUIDE Malfunction Probable Cause Corrective Action Prompt persists and Attempting to enter improper Refer to

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### **LIFE FITNESS LIFECYCLE 9500HR SERIES SERVICE MANUAL Pdf ...**

The Lifecycle 9500HR aerobic trainer's display console is easy to use, and it allows you to follow your progress as you ride. The on-board computer lets you tailor your workouts to your individual fitness capabilities and goals while providing a unique means of measuring your fitness improvement from one workout to the next.

### **Life Fitness 9500HR User Manual**

Before attempting to operate your Lifecycle 9500HR exercise bike, it is imperative that you familiarize yourself with the contents of the Operation Manual. If your exercise bike does not respond as described in the operation manual contact the nearest Life Fitness Customer Service Center as listed in the operation manual.

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Lifecycle 9500hr Manual Guide The Lifecycle 9500HR aerobic trainer is a “constant work” machine; in the Hill, Random and Manual programs, pedal resistance automatically compensates for changes in RPM. In other words, the slower you pedal, the greater the resistance; conversely, the faster you pedal the less resistance you feel\*.

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### **Life Fitness Technical Support - Documents & Software**

Life Fitness 9500HR User Manual. Download Operation & user’s manual of Life Fitness Lifecycle upright 9500HR Elliptical Trainer, Exercise Bike for Free or View it Online on All-Guides.com. Brand: Life Fitness. Category: Elliptical Trainer , Exercise Bike , Fitness Equipment , Stepper Machine , Treadmill. Type: Operation & user’s manual for Life Fitness Lifecycle upright 9500HR.

### **Life Fitness Lifecycle upright 9500HR Treadmill Operation ...**

LIFE FITNESS 9500HR USER MANUAL Pdf Download | ManualsLib INTRODUCTION. Congratulations . . . and thank you for purchasing a Lifecycle ® 9500HR aerobic trainer. Your new Life Fitness aerobic

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trainer is the most versatile exercise bike ever developed. Life Fitness 9500HR User Manual 16. Assess the damage to the cross-member and welded bracket. Make repairs as necessary to restore back to original location. NOTE: STEPS 17-20 cover FRAME CROSS-MEMBER repairs and installation of the SUPPORT ...

### **Life Fitness 9500hr Manual - aplikasidapodik.com**

Life Fitness Models X9i, 8500, 9100, and 9500HR Cross-Trainers How To... Replace The Crankarm Roller Assembly Tools required: Allen wrench set, and Phillips screwdriver 1. Remove the outer link covers. 2. Remove the ALLEN-HEAD CAPSCREW from the end of the ARM EXTENSION. 3. Remove the setscrew and collar, then remove the roller bearing assembly. 4.

### **“How To” SERVICE AND REPAIR GUIDE - GYMPART.COM**

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### **Life Fitness 9500hr Treadmill User Manual**

your Lifecycle 9500HRaerobic trainer. Use the handlebar whenever additional stability is required. • Wear shoes with rubber or high-traction soles. Do not use shoes with heels, leather soles, cleats or spikes. Do not use the trainer in your bare feet. • Do not tip the Lifecycle 9500HRaerobic trainer on its side during operation.

### **Corporate Headquarters EUROPEAN OFFICES**

This Operation Manual describes the functions of the following products: Life Fitness upright exercise bikes: C1, C3 See Section 5, titled Specifications page in this manual for product-specific

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features. Statement of Purpose: The exercise bike is a machine that simulates the movements of riding a bicycle at various speeds and levels of resistance.

### **C1 / C3 LIFECYCLE EXERCISE BIKES BASE USER MANUAL**

Life fitness lifecycle 9500hr service life fitness x5i elliptical cross life fitness 9500hr cross trainer manual life fitness 9500 hr treadmill next life fitness 9500hr next generation Life Fitness 9500hr Cross Trainer ManualLife Fitness 9500hr Elliptical Cross TrainerLife Fitness 9100 Elliptical Owners ManualLife Fitness Manuals 9500hr EllipticalLife Fitness Cross Trainer 9500hrLife Fitness ...

### **Life Fitness 9500hr Elliptical Owners Manual - All Photos ...**

Life Fitness Models X9i, 8500, 9100, and 9500HR Cross-Trainers SECTION I TROUBLESHOOTING GUIDES. 2 Life Fitness Models X9i, 8500, 9100, and 9500HR Cross-Trainers Malfunction Probable Cause Corrective Action Pulleys misalign. 1. If intermediate pulley is not aligned, shim the second stage drive assembly.

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